

June 2017

Le Grand Union Elementary School

BREAKFAST



This Institution Is An Equal Opportunity Provider and Employer. Fruit/Veggie/Salad Bar, 1% Fat White Milk or Fat Free Chocolate Milk Offered Daily as a Choice



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. MENU SUBJECT TO CHANGE WITHOUT NOTICE



Monday

Tuesday

Wednesday

Thursday

Friday



Cereal on the Go **1**
Yogurt

Pancakes **2**

Breakfast Variety **5**

Whole Grain Donut **6**

Cheese Stuffed Bread Sticks **7**

Ham, Egg and Cheese Breakfast Bar **8**

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LUNCH



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Pepperoni Pizza **1**

Pepperoni Pizza

Peanut Butter and Jelly Sandwich **2**

Turkey and Cheese Quesadilla **5**

Smuckers Peanut Butter & Jelly Doritos **6**

Oven Baked Breaded Chicken Rice Pilaf Seasoned Corn **7**

Smuckers Peanut Butter & Jelly Doritos **8**

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